



RISING STARS DANCE SOLO

Theme: Creation

Soloists should convey the chosen theme, through the choice of music and physical movement.

Music: Music should be between 2 and 4 minutes long and share a positive, Christian message. Instrumental pieces may also be used. All music should be pre-approved by the Divisional Music Director.

All music tracks must be purchased before usage.

Uniform: Participants are expected to wear outfits or costumes that are appropriate for the chosen dance. Adjudicators will be looking for good judgement in this area.

If applicable, participants are expected to provide their own scene props.

Time Limits: All participants have a total of 7 minutes.

Deadline for Territorial Round: All participants and information for the Territorial Round should be submitted via email to usc.thq.music@usc.salvationarmy.org by May 8, 2026.

LEVEL	AGE RANGE	DANCE INFORMATION
1	7-14	Choose your own music and choreography between 2 and 4 minutes long, referencing the theme above.
2	15-25	Choose your own music and choreography between 2 and 4 minutes long, referencing the theme above.



DANCE SOLO SCORING GUIDELINES

PHYSICAL EXECUTION - 60 points

- Technique (20 points possible)
 - Does the dancer display proper technique and physical body alignment?
- Expression and Message (20 points possible)
 - Does the dancer's movement effectively match the style of the music and enhance the message or lyrics of the song?
- General Preparedness (20 points possible)
 - Is the choreography executed cleanly and confidently?

DESIGN - 40 points

- Choreography (10 points possible)
 - Is the choreography interesting and engaging to watch?
 - Does the choreography use multiple choreographic tools to create a diversity of movement?
- Appearance/Costume (10 points possible)
 - Does the dancer appear confident and composed as they come into position to perform?
 - If costume and make-up are utilized, does it enhance or detract from the performance?
- Music Choice (10 points possible)
 - Does the chosen music fit within the stated criteria?
 - Is the style of music well suited to the dancer's style and ability level?
- Suitability of Choreography (5 points possible)
 - Is the choreography well suited to the chosen music?
 - Is the choreography well suited to the dancer's style and ability level?
- Spacing (5 points possible)
 - Did the choreography utilize the entire stage in a way that served the dance and the dancer?